

BHARATI VIDYAPEETH(Deemed to be university) SCHOOL OF PHYSIOTHERAPY, SANGLI.

CIRCULAR

All the Staff and Students are kindly requested to assemble for the lecture on Sports related injuries and its mechanism organized by BVDU Department of Orthopaedic and School of physiotherapy, Sangli

Day and Date: Friday and 09/12/2022

Venue: BVDU Medical College and Hospital, Sangli, 5th floor, E1 wing

Time: 2:30pm-3:30pm

Copy to

1. Hon. Regional Director, B.V.(D.U.), Sangli

- 2. Dean, B.V(D.U.) M.C.H, Sangli
- 3.Dy. Dean, B.V (D.U.) M.C.H., Sangli
- 4. Medical Superintendent, B.V (D.U.) M.C.H., Sangli
- 5. Dy. Medical Superintendent, B.V (D.U.) M.C.H., Sangli.
- 6. All Notice Boards (College and Department)

Dr. Sneha Katke

PRINCIPAL
Bharati Vidyapeeth
(Deemed to be University)
School of Physiotherapy,
Sangli - 416 416.



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ACTIVITY REPORT

Title of program/event/course/activity	Sports Science and Nutrition
Objective/s of program	 To educate the Orthopaedic residents and Physiotherapy Students on Sports- related injuries. To explain the possible mechanisms of sports injuries.
Date and Time of program	9 th December, 2022 2:30pm – 3:30pm
Venue	BVDU Medical College & Hospital, Sangli 5 th floor, E1 wing
Organized by	BVDU Department of Orthopaedics &School of Physiotherapy, Sangli
If organized in collaboration, name of external institute/body/agency/hospital	Nil
Program approved by Dean/Principal/HOD/University	Dr. Shrikant Deshpande (HOD, Department of Orthopaedics, BVDU) Dr. Sneha V. Katke (Principal, BVDU SOP, Sangli)
Name of Program Co-ordinator	Dr. Sneha Katke
Name of Supporting staff	Dr. Sachin Shetti
Name of Speaker/ Guest speaker	Mr. Tejas Kulkarni
Vote of thanks presented by	Dr. Prerna Ghodke
Photograph/video available	Yes (photograph)
Nature of photo submission [Hard/soft copy]	Hard and Soft copy
No. of Participants / Volunteers	10
No. of Beneficiaries	133

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Brief about the program/ activity/event:

On 9th December 2022, a guest lecture on 'Sports Science and Nutrition' was conducted for the residents of Orthopaedic department and B.P. Th students of BVDU SOP, Sangli. The speaker for the lecture was respected Mr. Tejas Kulkarni (B.Sc, M.Sc in Sports Science and Exercise Technology). The program was smoothly conducted under the guidance of Dr. Shrikant Deshpande (HOD, Department of Orthopaedics, BVDU Sangli) and Dr. Sneha Katke (Principal, BVDU SOP, Sangli). The main aim of the lecture was to make the Orthopaedic residents and Physiotherapy students aware of the Sports- related injuries and its repercussions on their performance. He explained the importance of identification of mechanism of injury and its usefulness in treatment and rehabilitation of an athlete. He also emphasized on the increasing awareness towards fitness training, thus, making rehabilitation an important part of athlete's performance. Total 133 participants benefitted from the lecture which was highly appreciated by all. The lecture was followed by an interactive Question and Answer session. MOC of the program and Vote of Thanks was presented by Dr. Prerna Ghodke (Assistant Professor, BVDU SOP, Sangli).

*Please tick the Criterion for the activity:

Criterion I	Criterion II	Criterion III	Criterion IV
Criterion V	Criterion VI	Criterion VII	Link

Program co-ordinator

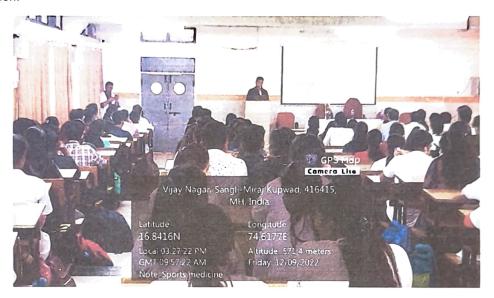
Principal

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Guest lecture by Mr. Tejas Kulkarni (BSc, MSc in Sports and Exercise Technology) on Sports Science and Nutrition.





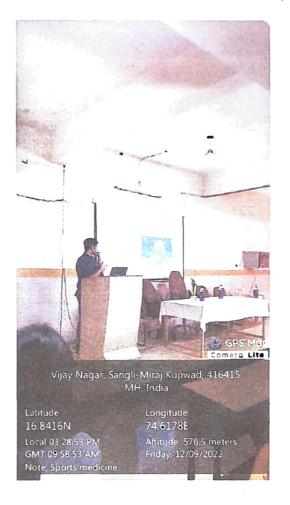
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ATTENDANCE SHEET

ACTIVITY: Sports Schience And Nutrition DATE: 09/12/2022

SR. NO.	NAME OF THE PARTICIPANTS	SIGNATURE
1.	Dr Manal Anthikat	Num
2.	Dr. Sunil Harrulkan	Suit
3.	Dr. Sachin Shetti	· Milel
4.	Dr. Amnuta Kabra	· ASICULA
4.	Dr. Asile Kousem	Jest .
6.	Br. Sapra Khot	agrae
7.	Dr. Sagna khot Dr. Vishagh Nain Dr. Prana Ghadke Dr. Tejaswi Varute Dr. Shrikant Despipande	
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School - 416 416.



BHARATI VIDYAPEETH (Deemed To Be University) MEDICAL COLLEGE & HOSPITAL, SANGLI DEPARTMENT OF ORTHOPAEDIC

Sr. No	Name of Faculty	Designation	Signature
1	Dr.Shrikant Balkrishna Deshpande	Prof. & HOD	Destructe
2	Dr. Sunil Vishnu Patil	Prof.	Marit
3	Dr. Rahil Bahadur Jiwani	Assoc.Prof.	Pal
4	Dr. Satish Divakar Mehta	Assoc.Prof.	SIN
5	Dr. Kadam Abhijit Maruti	Asst.Prof.	Reader
6	Dr. Sujay Kakasaheb Mahadik	Asst.Prof.	*
7	Dr Omkar Shinde	Asst.Prof.	08
8	Dr Anant Mahavir Chaugule	Asst.Prof.	Jr.
9	Dr.Digvijay Patil	Asst.Prof.	Du
10	Dr. Emmanuel Bhore	Asst.Prof.	2 min
11	Dr. Pramod Bandgar	S.Resi	odenlar
12	Dr. Mrutyunjay Gaonkar	S.Resi	Worl
13	Dr. Sourabh Ghosh	S.Resi	Un
14	Dr. Sasha Martyres	S.Resi	Markey
15	Dr. Neel Belsare	JR III	Me
16	Dr. Bharat Pawar	JR III	m
17	Dr. Shriansh Pandey	JR III	Jun
18	Dr. Akshay phule	JR I	Due
19	Dr Nikunjkumar Kheni	JR I	to the
20	Dr. Chandrprakash Singh	JR I	(ie
21	Dr. Avinash Kedari	JR I	level 4
22	Dr. Karan Higankar	JR I	ledien
23	Dr. Raj Gandhi	JR I	Jandre.
24	Dr. Harsh Choraria	JR I	Harris
25	Dr. Shubham Giri	JR I	J
26	Dr. Pulak Dutta	JR I	anch
27	Dr. Krishna Hanchate	JR I	Krash
28	Dr. Suyog Patole	JR I	Paker.
29	Dr. Mohamad	JR I	Hedron

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ACTIVITY: Sports Science and

DATE: 09/12/2022

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9	Vishwatei A. Patil	XAL
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23.	Isha Sahil Shah	Pshah
24.	Sneha Sandeep Apte	Apte.
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33.	Aarya Satish Deshmuth	Dechuby
34.	Sonskarti Angad Kamble	Sacrellti.
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36.	Rebecca Datta Mahapure	Cole
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