



**BHARATI VIDYAPEETH(Deemed to be university)**

**SCHOOL OF PHYSIOTHERAPY, SANGLI.**

**CIRCULAR**

All the Staff and Students are kindly requested to assemble for the lecture on Sports related injuries and its mechanism organized by BVDU Department of Orthopaedic and School of physiotherapy, Sangli

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**Day and Date: Friday and 09/12/2022**

**Venue: BVDU Medical College and Hospital, Sangli, 5<sup>th</sup> floor, E1 wing**

**Time: 2:30pm-3:30pm**

**Copy to**

- 1.Hon. Regional Director, B.V.(D.U.), Sangli
2. Dean, B.V(D.U.) M.C.H,Sangli
- 3.Dy. Dean, B.V (D.U.) M.C.H., Sangli
4. Medical Superintendent, B.V (D.U.) M.C.H., Sangli
5. Dy. Medical Superintendent, B.V (D.U.) M.C.H., Sangli.
6. All Notice Boards (College and Department)

  
Dr. Sneha Katke


**PRINCIPAL**  
**Bharati Vidyapeeth**  
(Deemed to be University)  
School of Physiotherapy,  
Sangli - 416 416.



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**SCHOOL OF PHYSIOTHERAPY, SANGLI**

**ACTIVITY REPORT**

Title of program/event/course/activity	Sports Science and Nutrition
Objective/s of program	<ol style="list-style-type: none"><li>1. To educate the Orthopaedic residents and Physiotherapy Students on Sports-related injuries.</li><li>2. To explain the possible mechanisms of sports injuries.</li></ol>
Date and Time of program	9 <sup>th</sup> December, 2022 2:30pm – 3:30pm
Venue	BVDU Medical College & Hospital, Sangli 5 <sup>th</sup> floor, E1 wing
Organized by	BVDU Department of Orthopaedics & School of Physiotherapy, Sangli
If organized in collaboration, name of external institute/body/agency/hospital	Nil
Program approved by Dean/Principal/HOD/University	Dr. Shrikant Deshpande (HOD, Department of Orthopaedics, BVDU) Dr. Sneha V. Katke (Principal, BVDU SOP, Sangli)
Name of Program Co-ordinator	Dr. Sneha Katke
Name of Supporting staff	Dr. Sachin Shetti
Name of Speaker/ Guest speaker	Mr. Tejas Kulkarni
Vote of thanks presented by	Dr. Purna Ghodke
Photograph/video available	Yes (photograph)
Nature of photo submission [Hard/soft copy]	Hard and Soft copy
No. of Participants / Volunteers	10
No. of Beneficiaries	133

  
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Brief about the program/ activity/event:

On 9<sup>th</sup> December 2022, a guest lecture on 'Sports Science and Nutrition' was conducted for the residents of Orthopaedic department and B.P. Th students of BVDU SOP, Sangli. The speaker for the lecture was respected Mr. Tejas Kulkarni (B.Sc, M.Sc in Sports Science and Exercise Technology). The program was smoothly conducted under the guidance of Dr. Shrikant Deshpande (HOD, Department of Orthopaedics, BVDU Sangli) and Dr. Sneha Katke (Principal, BVDU SOP, Sangli). The main aim of the lecture was to make the Orthopaedic residents and Physiotherapy students aware of the Sports- related injuries and its repercussions on their performance. He explained the importance of identification of mechanism of injury and its usefulness in treatment and rehabilitation of an athlete. He also emphasized on the increasing awareness towards fitness training, thus, making rehabilitation an important part of athlete's performance. Total 133 participants benefitted from the lecture which was highly appreciated by all. The lecture was followed by an interactive Question and Answer session. MOC of the program and Vote of Thanks was presented by Dr. Perna Ghodke (Assistant Professor, BVDU SOP, Sangli).

\*Please tick the Criterion for the activity:

Criterion I	Criterion II	Criterion III	Criterion IV
Criterion V	Criterion VI	Criterion VII	Link

**Program co-ordinator**

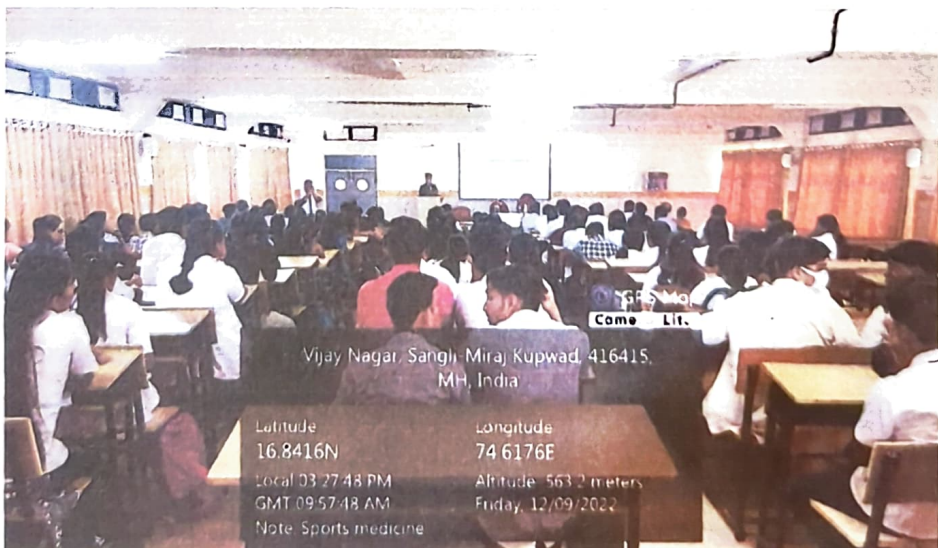
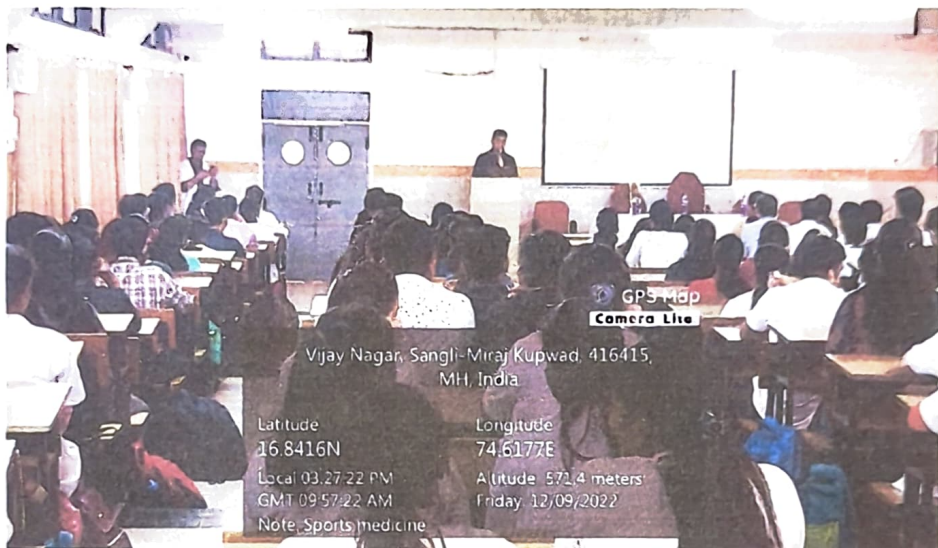
  
**Principal**

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Guest lecture by Mr. Tejas Kulkarni (BSc, MSc In Sports and Exercise Technology) on Sports Science and Nutrition.



*for*

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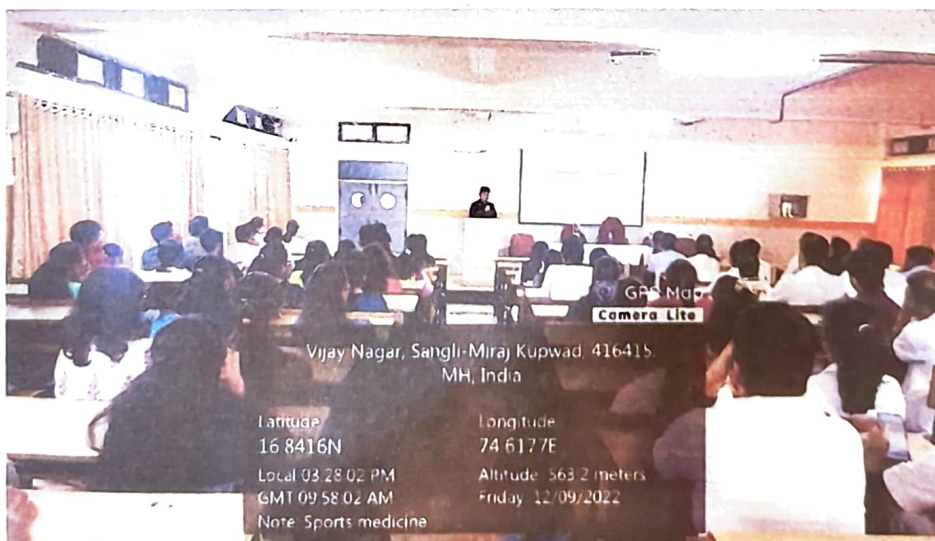


## BHARATI VIDYAPEETH (Deemed To Be University) SCHOOL OF PHYSIOTHERAPY, SANGLI



Vijay Nagar, Sangli-Miraj Kupwad, 416415  
MH, India

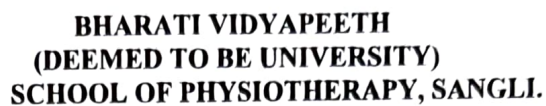
Latitude	Longitude
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Local 03:28:53 PM	Altitude: 576.5 meters
GMT 09:58:53 AM	Friday, 12/09/2022
Note: Sports medicine	



Vijay Nagar, Sangli-Miraj Kupwad, 416415  
MH, India

Latitude	Longitude
16.8416N	74.6177E
Local 03:28:02 PM	Altitude: 563.2 meters
GMT 09:58:02 AM	Friday, 12/09/2022
Note: Sports medicine	

*Patil*  
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**ACTIVITY:** Sports Science And Nutrition **DATE:** 09/12/2022

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**BHARATI VIDYAPEETH (Deemed To Be University)**  
**MEDICAL COLLEGE & HOSPITAL, SANGLI**  
**DEPARTMENT OF ORTHOPAEDIC**

Sr. No	Name of Faculty	Designation	Signature
1	Dr. Shrikant Balkrishna Deshpande	Prof. & HOD	
2	Dr. Sunil Vishnu Patil	Prof.	
3	Dr. Rahil Bahadur Jiwani	Assoc. Prof.	
4	Dr. Satish Divakar Mehta	Assoc. Prof.	
5	Dr. Kadam Abhijit Maruti	Asst. Prof.	
6	Dr. Sujay Kakasaheb Mahadik	Asst. Prof.	
7	Dr. Omkar Shinde	Asst. Prof.	
8	Dr. Anant Mahavir Chaugule	Asst. Prof.	
9	Dr. Digvijay Patil	Asst. Prof.	
10	Dr. Emmanuel Bhole	Asst. Prof.	
11	Dr. Pramod Bandgar	S. Resi	
12	Dr. Mrutyunjay Gaonkar	S. Resi	
13	Dr. Sourabh Ghosh	S. Resi	
14	Dr. Sasha Martyres	S. Resi	
15	Dr. Neel Belsare	JR III	
16	Dr. Bharat Pawar	JR III	
17	Dr. Shriyansh Pandey	JR III	
18	Dr. Akshay Phule	JR I	
19	Dr. Nikunj Kumar Kheni	JR I	
20	Dr. Chandrprakash Singh	JR I	
21	Dr. Avinash Kedari	JR I	
22	Dr. Karan Higankar	JR I	
23	Dr. Raj Gandhi	JR I	
24	Dr. Harsh Choraria	JR I	
25	Dr. Shubham Giri	JR I	
26	Dr. Pulak Dutta	JR I	
27	Dr. Krishna Hanchate	JR I	
28	Dr. Suyog Patole	JR I	
29	Dr. Mohamad	JR I	

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**ATTENDANCE SHEET**

ACTIVITY: Sports Science and  
Nutrition

DATE: 09/12/2022

SR. NO.	NAME OF THE PARTICIPANTS	SIGNATURE
1.	Aftab Harun Agewar	
2.	Shivendra Pramod Patil	
3.	Tanuja S. Kalsale	
4.	Janvi R. Yeskar	
5.	Sana K Pirjadar	
6.	Sakshi A. Mulik	
7.	Shivani M. Tanpure	
8.	Vishwatej A. Patil	
9.	Keval R Bheda	
10.	Rajkumar Chavan	
11.	Ketaki Rajoba	
12.	Ayush Kale	
13.	Purnima Mahesh Shinde	
14.	Hindavi P. Salunkhe	
15.	Sakshi Shekhar Mohite	
16.	Maheshwari Mahesh Patil	
17.	Anisha Ajay Lanekar	
18.	Neha Pravin Chavan	
19.	Metwari Vasa Mehul	
20.	Kanak S. Davari	
21.	Manjiri Ganjiv Mande	
22.	Kushagrah Nilesh Sheni	
23.	Isha Sahil Shah	
24.	Sneha Sandeep Apte	
25.	Muruali Sunil Mohite	
26.	Gaurav Sanjeev Mangale	
27.	Prachi Chandrakant Kitture	
28.	Urbashi T. Honawale	

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**ACTIVITY:** Sports Science and Nutrition

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