



**BHARATI VIDYAPEETH (Deemed to be university)**  
**SCHOOL OF PHYSIOTHERAPY, SANGLI.**

**CIRCULAR**

BVDU, School of Physiotherapy, Sangli is Organising RUN DE BHARATI MARATHON  
2023 FIRST EDITION

Requesting all the Teaching and Non teaching staff, Doctors, Residents and Students to take  
active participation.

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Day and Date: Sunday and 22/01/2023

Venue: Bharati Vidyapeeth Medical College and Hospital Campus, Sangli

Time: 5:00 am onwards

**Copy to**

1. Hon. Regional Director, B.V.(D.U.), Sangli
2. Dean, B.V(D.U.) M.C.H, Sangli
3. Dy. Dean, B. V (D.U.) M.C.H., Sangli
4. Medical Superintendent, B. V (D.U.) M.C.H., Sangli
5. Dy. Medical Superintendent, B. V (D.U.) M.C.H., Sangli.
6. All Notice Boards (College and Department)

Dr. Sneha Katke


**PRINCIPAL**  
**Bharati Vidyapeeth**  
(Deemed to be University)  
**School of Physiotherapy**  
Sangli - 416 416.



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**ACTIVITY REPORT**

Title of program/event/course/activity	Run-De Bharati Marathon 2023
Objective/s of program	<ol style="list-style-type: none"><li>1. To create awareness towards improving Health</li><li>2. To motivate people of all the age groups for adopting running as a preventive measure</li></ol>
Date and Time of program	22 <sup>nd</sup> January, 2023 4:00 am – 10:30 am
Venue	BVDU Medical College Ground, Sangli
Organized by	BVDU School of Physiotherapy, Sangli
If organized in collaboration, name of external institute/body/agency/hospital	Nil
Program approved by Dean/Principal/HOD/University	Dr. Vishwajeet Kadam Pro-Vice Chancellor & Secretary, Bharati Vidyapeeth (Deemed to be University), Pune
Name of Program Co-ordinator	Dr. Sneha Katke (Principal, BVDU SOP, Sangli)
Name of Supporting staff	Dr. Manal Anthikat, Dr. Sachin Shetti
Name of Speaker/ Guest speaker	Nil
Vote of thanks presented by	Dr. Amruta Kabra
Photograph/video available	Yes (photograph)
Nature of photo submission [Hard/soft copy]	Hard and Soft copy
No. of Participants / Volunteers	212
No. of Beneficiaries	1500

  
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Brief about the program/ activity/event:

On the occasion of Late Hon. Dr. Patangrao Kadam Saheb Birth Anniversary, Bharati Vidyapeeth (Deemed To be University) School of Physiotherapy, Sangli organized a Marathon, ' RUN-DE BHARATI- एक पाऊल आरोग्याकडे ' to pay tribute to our respected and beloved Dr. Patangrao Kadam Saheb. The Program was approved by Dr. Vishwajeet Kadam (Pro-Vice Chancellor & Secretary, BVDU, Pune) and was smoothly conducted under the guidance of Dr. Sneha Katke (Principal, BVDU School of Physiotherapy, Sangli). The main aim behind organizing the marathon was to motivate the citizens of Sangli district to put a step ahead in improving Health by adopting running in their lifestyle. The Marathon included 21km, 10km, 5km and a fun-run of 3km. Huge response of around 1500 participants was recorded. The event started at 5:00 am with the warm-up session which included Zumba for the participants. Stage area and Flag-off was managed by Dr. Amruta Kabra. Each race category had its own flag-off timings and the runners were motivated with Music and Maharashtra's traditional Dhol played by the students of 2<sup>nd</sup> B.P.Th. The flag-off for 21 km at 5:30 am was done by Dr. Basavraj Teli (S. P. Superintendent Police, Sangli), 10 km at 6:15 am was done by Dr. Raja Dayanidhi (Collector, Sangli) and 5 km at 7:00 am, the flag-off was done by Dr. Jitendra Duddi (CEO, Jilha Parishad, Sangli). The flag-off for the Fun-Run of 3 km at 7:45 am was done by Mrs. Aanchal Dalal (Addl. Deputy S. P, Sangli). On the route of marathon, participants were provided with multiple hydration points. Hydration points were managed by Dr. Manal Anthikat, Dr. Prerna Ghodke and Dr. Tejaswi Varute. After the run, Physiotherapy Staff and Students of B.P.Th took care of the Recovery Zone and provided relentless Physiotherapy to each Participant. Breakfast and Medals were distributed to each participant after the run. Breakfast and Catering Services were actively managed by Dr. Sunil Harsulkar. Medal distribution was managed by Dr. Vishaghkumar Nair. Active participation of the Faculty members, Clinical staff, students of 1<sup>st</sup> and 2<sup>nd</sup> B.P.Th, Optometry, Nursing and Management College made this event successful.

\*Please tick the Criterion for the activity:

Criterion I	Criterion II	Criterion III	Criterion IV
Criterion V	Criterion VI	Criterion VII	Link

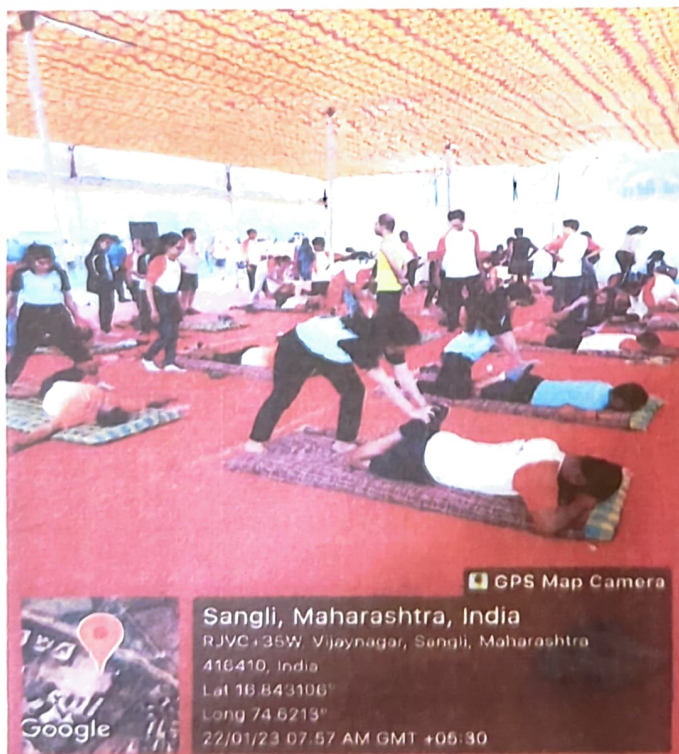
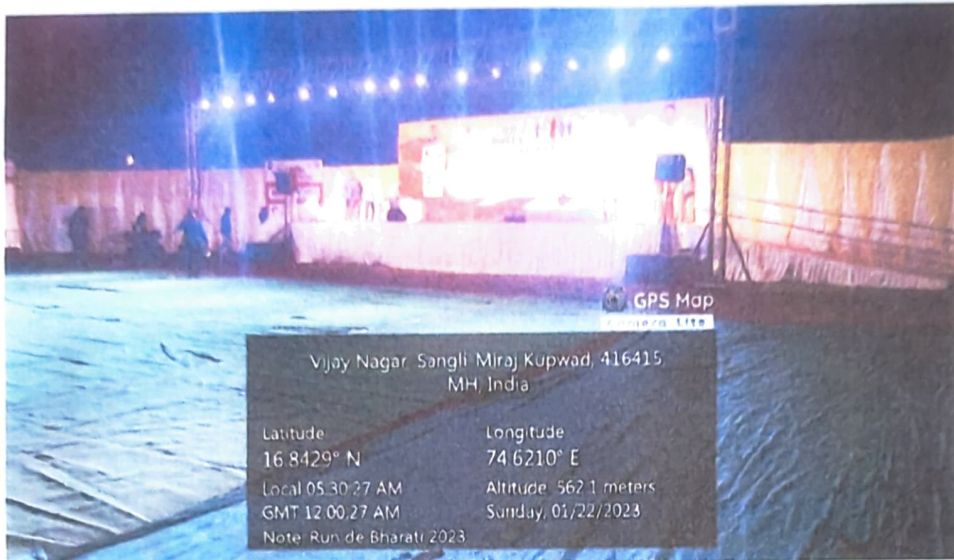
Program co-ordinator

  
Principal  
PRINCIPAL  
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*[Signature]*  
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