

Providing Physiotherapy service

SANGLI CYCLOTHON 2023

Date:26/02/2023

Venue:New English School, Miraj Time:6 am to 11 am





ARYAN HEART CARE MIRAJ

Near Sortur Hospital, Vantmure Corner, Miraj-Sangli Road, Miraj.-416 410 Dist. Sangli (Maharashtra) Cell : 9423270339

Date - 24/2/2023

To,
The Principal
Bharati Vidyapeeth
(Deemed to be University)
School of Physiotherapy
Sangli

Subject: Request for providing physiotherapy services for the first Sangli Cyclothon 2023

Respected Madam,

We are heading forward with the first edition of Sangli Cyclothon on 26th February 2023 (Sunday). It is our request to provide Physiotherapy services for our participants at recovery zone. Looking forward for your participation.

Thanking you in anticipation,

Yours sincerely,

Dr. Riyaj Mujawar

School of Physiotherapy, Sangil - 636 636.

patr: 24/2/28



BHARATI VIDYAPEETH(Deemed to be university) SCHOOL OF PHYSIOTHERAPY, SANGLI.

CIRCULAR

BVDU, School of PhysiotherapySangli, is providing Physiotherapy service to SANGLI CYCLOTHON-2023(1st Edition), organized by Aryan Heart Care Foundation.

All the alloted staff and students are here by requested to be present at the respected place at sharp 6:30am.

Day and Date: Sunday and 26/02/2023

Venue: New English School, Miraj

Time: 6:30am-1:00pm

Copy to

1. Hon. Regional Director, B.V.(D.U.), Sangli

- 2. Dean, B.V(D.U.) M.C.H, Sangli
- 3.Dy. Dean, B.V (D.U.) M.C.H., Sangli
- 4. Medical Superintendent, B.V (D.U.) M.C.H., Sangli
- 5. Dy. Medical Superintendent, B.V (D.U.) M.C.H., Sangli.
- 6. All Notice Boards (College and Department)

Dr. Sneha Katke

PRINCIPAL
Bharati Vidyapeeth
(Deemed to be University)
School of Physiotherapy,
Sangli - 416 416.



BHARATI VIDYAPEETH (Deemed To Be University) SCHOOL OF PHYSIOTHERAPY, SANGLI

ACTIVITY REPORT

| Title of program/event/course/activity | Sangli Cyclothon 2023 | |
|--|--|--|
| Objective/s of program | To create awareness on importance of Cycling as a fitness measure. Providing Physiotherapy post Cycling and its importance to participants. | |
| Date and Time of program | 26thFebruary, 2023 6:00 am – 11:00 am | |
| Venue | New English School, Miraj | |
| Organized by | BVDU School of Physiotherapy, Sangli | |
| If organized in collaboration, name of external institute/body/agency/hospital | Nil | |
| Program approved by Dean/Principal/HOD/University | Dr. Sneha V. Katke (Principal) | |
| Name of Program Co-ordinator | Dr. Vishaghkumar Nair | |
| Name of Supporting staff | Dr. Sachin Shetti | |
| Name of Speaker/ Guest speaker | Nil | |
| Vote of thanks presented by | Nil | |
| Photograph/video available | Yes (photograph) | |
| Nature of photo submission [Hard/soft copy] | Hard and Soft copy | |
| No. of Participants / Volunteers | 12 | |
| No. of Beneficiaries | 2000 | |

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BHARATI VIDYAPEETH (Deemed To Be University) SCHOOL OF PHYSIOTHERAPY, SANGLI

Brief about the program/ activity/event:

On 26th February 2023, Sangli district arranged an event 'Sangli Cyclothon 2023' to motivate the citizens to adopt cycling as a fitness measure. The event included 100 km of Cycling wherein a total of 2000 participants were seen gracing the event sportingly. The event started from New English School, Miraj from 6am to 11 am. Bharati Vidyapeeth (Deemed to be University) School of Physiotherapy, Sangli provided Physiotherapy post cycling to all the participants. Dr. Vishaghkumar Nair (Asst. Prof, BVDUSOP, Sangli) and students from 1st B.P.Th actively worked in providing relentless physiotherapy to avoid any post cycling injuries. He addressed various problems faced by the participants and helped them with the same. Students of 1st B.P.Th provided stretching to all the participants. Theirpositive feedback to this post cycling care motivated the students to do their best. The event organizers felicitated Dr. Sneha Katke (Principal, BVDUSOP, Sangli) on providing excellent care to each participant and thanked the team for giving the muchneeded support to participants. This event was smoothly conducted under the guidance of Dr. Sneha Katke because of which her team delivered the best recovery treatment after Cycling.

*Please tick the Criterion for the activity:

| *Please tick the Criterion for the activity. | | C to t IV | |
|--|--------------|---------------|--------------|
| Criterion I | Criterion II | Criterion III | Criterion IV |
| 20.7% | | Criterion VII | Link |
| Criterion V | Criterion VI | Citterion vii | |

Program co-ordinator

Principal
PRINCIPAL
Bharati Vidyapeeth
(Deemed to be University)
School of Physiotherapy,
Sangli - 416 416.

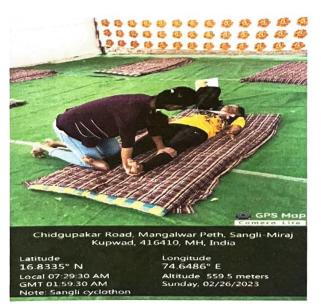


BHARATI VIDYAPEETH (Deemed To Be University) SCHOOL OF PHYSIOTHERAPY, SANGLI

PHYSIOTHERAPY SERVICES SANGLI CYCLOTHON 2023(1st Edition)









PRINCIPAL
Bharati Vidyapeeth
(Deemed to be University)
(Deemed to Physiotherap)
School of Physiotherap)
School of Physiotherap
School of Physiotherap



BHARATI VIDYAPEETH (DEEMED TO BE UNIVERSITY) SCHOOL OF PHYSIOTHERAPY, SANGLI.

ATTENDANCE SHEET

ACTIVITY: Sangli Cyclothon 2023 DATE: 26-02-2023.

| SR. NO. | NAME OF THE PARTICIPANTS | SIGNATURE |
|---------|--------------------------|------------|
| 01 | Dr. Visheghkunner Vair | Ab |
| 02 | Dr. Avadhati Nimbalkas | Aus |
| 03 | Shardul Kharkhande | Smit? |
| 04 | Siddharth khadilkar | Sidolhasth |
| 05 | Pradyumna Yadar | Sadyumos |
| 06 | Pranay Pandhare | P |
| 67 | Tanmay Kashid | fishid |
| 08 | Shubham Pawar | ding |
| 09 | Amina Bangi | Asang |
| (0 | Thalak Doshi | porit |
| 13 | Sonika Mone | Smore |
| 12 | vaishnavi Patil | Red ! |
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